



# Carer Advocacy Surgeries

**Are you a carer in South Lanarkshire who provides (or intends to provide) care for an adult with a mental health condition?**

As a carer it can sometimes be difficult to have your views and opinions taken seriously by others, especially when communicating with health and social care professionals. They may not fully understand your caring role, or involve you in key decisions about the person you care for.

**Get the help you need to express your views and opinions, and help to stand up for your rights.**

**Carer Advocacy Surgeries  
now available by appointment at:**

**Lanarkshire Carers Centre  
Unit 1a Princes Gate  
Hamilton, ML3 6BU**

In partnership with:



**Lanarkshire  
Carers Centre**



**Get in touch to book an appointment:**

**01698 428090**

**[www.lanarkshirecarerscentre.org.uk](http://www.lanarkshirecarerscentre.org.uk)**

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